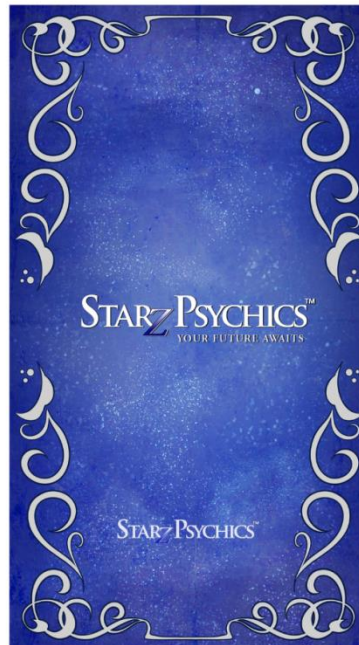


Exercise Lesson 1



1.1 Getting to Know a Card

Shuffle your tarot deck and choose a card. Look at the image for a while. Ask yourself these questions:

What strikes me about the picture?

What is my first impression?

What story does the picture tell me?

What emotions do I feel?

How do the details in the picture reinforce those ideas?

What is the overall mood?

What do I think this card might mean?

When you are finished, go to the cards section and find your card (Major Arcana or Minor Arcana) and read through the cards description. Compare these to your impressions. It is absolutely fine if your ideas and thoughts are different to the cards description. Your

intuition is working and already giving you some unique insights! You can repeat this exercise with as many cards as you like.

1.2 - Answers from Nowhere – Bibliomancy



Try this exercise when you're in a library or bookstore. Think about a problem that concerns you. Close your eyes, and ask your Inner Guide to help you find the answer.

Now, wander through the aisles. Avoid noticing where you are; just trust your inner promptings to guide you. When you feel ready, pick up a book and open to a page. Read the entire page, and try to relate what is there to your problem. You may be surprised to find just what you needed. If the information doesn't seem related, pretend the message is in a code that you must decipher. Look for a subtle meaning. Meaning is everywhere - literally at your fingertips - but you must seek it out.

Bibliomancy takes some practice, but when this method is mastered, diviners will be able to predict the future. It's intended to be practiced by an individual with special abilities. It's a way to reach out into the spirit world and receive answers or make predictions.

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